

SIZING GUIDE

LENGTH TOP

The shirt length is taken from the base of the back of the neck down to where you want the bottom of the shirt to end.

CHEST

Wrap the measuring tape under your armpits at the fullest part of your chest, around yourself.

BICEPS

With your arm hanging at your side and relaxed, measure around your bicep at its fullest point.

WAIST

Wrap the measuring tape around the smallest part of your waist.

HIPS

Start your measuring at one hip. Wrap the measuring tape over your bum, around your other hip and back to where you started.

LENGTH PANTS

Measure the length from the crotch to the bottom of your ankle.

CALF

Measure the widest part below your knee.



MALE TOPS

SIZING	CHEST	HIPS	LENGTH	BICEPS
XS	98	99	64	36
S	103	107	66	37
M	112	116	68	42
L	119	120	72	44
XL	127	130	74	50
2XL*	138	142	79	50
3XL*	147	151	82	53

MALE PANTS

SIZING	WAIST	HIPS	LENGTH	CALVES
XS	66-69	99	106	38
S	70-104	101	110	40
M	74-108	106	114	42
L	80-123	116	116	48
XL	84-134	123	118	49
2XL*	93	133	114	48
3XL*	98	143	125	53

THESE ARE THE MEASUREMENTS OF THE PRODUCT.
ALL MEASUREMENTS ARE IN CENTIMETRES

Please note: The sizes marked with (*) are not available on our website. If you’d like to order one of these sizes, please order via email: info@scrubosscrubs.com



FEMALE TOPS

SIZING	CHEST	HIPS	LENGTH	BICEPS
XS	90	92	60	33
S	92	97	62	37
M	101	106	67	39
L	105	110	69	41
XL	111	120	71	42
2XL*	119	130	77	44
3XL*	125	135	80	50
4XL*	131	140	82	53

FEMALE PANTS

SIZING	WAIST	HIPS	LENGTH	CALVES
XS	63-78	89	98	32
S	70-92	94	102	36
M	76-104	104	104	40
L	79-107	108	106	43
XL	83-120	114	108	48
2XL*	93	128	110	52
3XL*	98	133	114	55
4XL*	100	149	118	59

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